



CHALLENGING AILMENTS

People who need special care, have the right to live a dignified independent disease free and a graceful life.

We incorporate:

- ❖ Ancient sciences of Yama, Niyama, Dhyana, Vyayama & Trataak.
- ❖ Marma Chikitsa with challenging cases.
- ❖ Naturopathy, Yoga and the modern sciences of neuroplasticity, epigenetics, mind-gut axis.

We work on:

- ❖ Neurobics- The left-right brain connect.
- ❖ Biochemistry, biomechanics, bioelectricity.
- ❖ The opportunities of the subconscious potential - increasing the focus, memory, and attention span.
- ❖ Better digestion.
- ❖ Regulating the hormones.
- ❖ Improving the faculties of the five senses touch (tactile), taste (gustation), smell (olfactory), sight (visuals), and hearing (audio).
- ❖ Strengths of pranayama with singing, and dancing blended with yoga.
- ❖ Jump, bounce, scream, and laugh, releasing the pent-up emotions for catharsis.
- ❖ Make them evolve as per anthropology, understanding the genetic potential, trying to alter the genetic behaviour and the DNA expressions.
- ❖ Working on the ability and hidden skills, hidden talents, giving them a vision, giving them optimism, hope, and faith, nurturing them with love, and blossoming them.
- ❖ Working with the hemispheres of the sensitive parts of the brain.

Increasing the reflexes, responses, and alertness, through:

- ❖ Various postures in poetry.
- ❖ Activities in swimming pools.
- ❖ Meditation of different kinds.
- ❖ Listening to the chirping of the birds, gazing in the sky, relating to eternity, divine energies - the source of life, the force of life.
- ❖ Playing chess - learning to strategise.
- ❖ Reading books, reading philosophies to them - right from Zen to Upanishads, Vedas to Tao, to Tantra, to Heraclitus, Confucius, Aristotle, Plato.

Whatever the requirement - prayers, aligning with divine attention, aligning with the divine powers, giving hope, a vision, changing the landscape of their future, is what we do.

So, herbs, naturopathy, food science of natural nutrition, cosmic nutrition, optimal movement therapy, working on the nervous system, sympathetic, para-sympathetic, the spine, joints, musculoskeletal system, neuro physiotherapy, the coordination of biomechanics till the last mile and occupational therapy for the absolute brain function, neuro-endocrine, neuro-muscular, neuro-brain interface coordination. We do it all!

Humanity Specialized...Mankind Mickeymized!!!

Contact us:

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